



The Edgehill Churches

Parish Link

*Loving
God,
Serving
People,
Growing
Community*

Disappointments, Setbacks and Loss

June 2025

When chatting with a mum after school drop off in Moreton Morrell, she told me how her son had a meltdown that morning because they had only just arrived in time. He likes to get there early, because then he's allowed to do some colouring, and was very disappointed that they were running behind schedule.

Disappointment is a complex emotion that can involve a combination of frustration, sadness, loss, grief, and anger. We experience it when whatever happens in life doesn't match what we were expecting or hoping for. Disappointment is part of life because each day rarely turns out exactly how we would have wanted.

We might smile (or be deeply frustrated) at a child's tantrums over something that seems so minor, because as adults we have faced (or are facing) much deeper hurts and disappointments.

We have all been there at times in our lives... an unexpected bill that wipes out our savings, a setback at work, a holiday disaster, a breakdown in a relationship, the loss of someone we love, or even disappointment in our own behaviour ... sometimes the word 'disappointment' does not even come close to describing the depth of anger or loss we feel when life throws us something that we're not expecting.

The disappointments we experience and overcome in life, even the minor ones we experience as children, can be important stepping stones to help us build our resilience; our ability to bounce back. Unfortunately, sometimes our disappointments can become straitjackets, and we can find it impossible to move beyond our anger, resentment or grief. Holding onto these feelings can stifle us and profoundly affect our lives, shaping behaviour and restricting positive emotions. When that happens, we often need the help of others to see what's going on in our lives and move forward.

I think that's one of the reasons Jesus gave his disciples a new commandment... 'Just as I have loved you, you

also should love one another (John 13:34b). He knew his disciples would face enormous challenges and disappointments, be persecuted, have to deal with huge setbacks, and even be killed for following him. He knew that they

would need each other, that they would need a community that was committed to helping each other.

One of the biggest 'disappointments' we can face is the grief that comes from losing someone we love. Whilst death is a reality we all must face, losing someone is never easy, and a community that understands what we are going through can be a tremendous help. That's one of the reasons we offer the Bereavement Journey course* for those facing that kind of loss.

Whatever hurts, losses, or disappointments you are carrying at the moment, I pray that we all find the people and the community we need to help us weather that storm and find a way to a brighter future.

Rev Barry Jackson

* The next Bereavement Journey course is starting on the evening of Tuesday 3rd June at Kineton Primary school. More details overleaf or from Rev Matthew Arnold



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Benefice Web Site www.edgehillchurches.org

JUNE SERVICES IN THE EDGEHILL PARISHES

	Kineton	Combroke	Radway	Ratley	Warmington	Shotteswell
1st	10.00am Simply Celebrate		8.30am Communion	10.30am Communion		8:30am BCP Comm
8th	10.30am Communion	9:00am Communion			10.30am Communion	
15th	10.00am Father's Day & Lego Church		10.30pm Communion	6.30pm Communion		8.30am Communion
22nd	10.30am Communion				10.30am Communion	8.30am Communion
29th	10.30am Morning Worship					10.30am Communion

SIMPLY CELEBRATE

Sunday 1st June
10am St Peter's Kineton



Come for **breakfast** to begin the service. A time with God for everyone. Our young people help lead the service with Bible readings, leading prayers, acting in dramas, leading the actions in songs, and more



CONNECT

A life group for 13-18 year olds on Films, video clips, pizza, chill & chat about God, life, the universe and everything.

Next Meeting: Sunday 1st June 6 to 7:30pm



Grief is hard.
Death can impact
all of life.

7 Sessions of films & discussion

Topics include:

- Attachment, separation & loss
- The pain & responses of grief
- Anger & guilt
- Coping with others' reactions
- Delayed & suppressed grief
- Adjusting to change
- Moving forward healthily
- Faith questions – a Christian perspective (optional)

To find out more visit:
thebereavementjourney.org

The Bereavement
Journey
a place to talk

Tuesday evenings
from 3rd June, 7-9pm
at Kineton Primary School

Free of charge

Book by contacting
Matthew Arnold

07368 206182 or
mtr.arnold@googlemail.com

10:10

A YOUTH GROUP FOR
9-11 YEAR OLDS

Sun 8th June, 5.30-7.00pm

10:10 is a monthly youth group for years 5-7.

We meet at the church in Kineton for food, games and chat about God, life, the universe and everything.

Register with Liz at SPKfamilies@gmail.com



All are invited to the
Service of Welcome and Installation of
Bishop Sophie Jelly



Saturday 7th June at 2pm
at Coventry Cathedral

To register for a free place,
please use the QR code



SUNDAY SCHOOL

invite you to join us for

FATHER'S DAY

on Sunday 15th June

LEGO CHURCH



In June we're meeting
in Kineton church for a
Father's Day Breakfast
from 10am.

There will be crafts, games, lego,
construction challenges and a special service to
thank our Dad's.

We hope you can join us

LEGO CHURCH

Build imagination
with Lego!

Sat 21st June from 10:00am
in Warmington Village Hall

Children must bring an adult

(**BUT** adults don't need to be accompanied by a child!)

for more details contact:

Rev.AlisonAbbott@gmail.com or phone 07923 442970

TEA & CHAT

Friday 27th June 3pm-4.30pm

in Ratley Village Hall

Come and meet up with neighbours and
friends for a chat and catch up. Cost £1.00



RADWAY'S TEA, CHAT & PLAY

Every Wednesday 3pm -5pm in the Village Hall

All ages are welcome from babies to
grandpas!

