

The Edgehill Churches

Parish Link



Disappointments, Setbacks and Loss

June 2025

When chatting with a mum after school drop off in Moreton Morrell, she told me how her son had a meltdown that morning because they had only just arrived in time. He likes to get there early, because then he's allowed to

do some colouring, and was very disappointed that they were running behind schedule.

Disappointment is a complex emotion that can involve a combination of frustration, sadness, loss, grief, and anger. We experience it when whatever happens in life doesn't match what we were expecting or hoping for. Disappointment is part of life because each day rarely turns out exactly how we would have wanted.

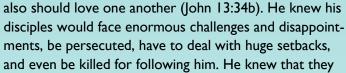
We might smile (or be deeply frustrated) at a child's tantrums over something

that seems so minor, because as adults we have faced (or are facing) much deeper hurts and disappointments.

We have all been there at times in our lives... an unexpected bill that wipes out our savings, a setback at work, a holiday disaster, a breakdown in a relationship, the loss of someone we love, or even disappointment in our own behaviour ... sometimes the word 'disappointment' does not even come close to describing the depth of anger or loss we feel when life throws us something that we're not expecting.

The disappointments we experience and overcome in life, even the minor ones we experience as children, can be important stepping stones to help us build our resilience; our ability to bounce back. Unfortunately, sometimes our disappointments can become straitjackets, and we can find it impossible to move beyond our anger, resentment or grief. Holding onto these feelings can stifle us and profoundly affect our lives, shaping behaviour and restricting positive emotions. When that happens, we often need the help of others to see what's going on in our lives and move forward.

I think that's one of the reasons Jesus gave his disciples a new commandment... 'Just as I have loved you, you



would need each other, that they would need a community that was committed to helping each other.

One of the biggest 'disappointments' we can face is the grief that comes from losing someone we love. Whilst death is a reality we all must face, losing someone is never easy, and a community that understands what we are going through can be a tremendous help. That's one of the reasons we offer the Bereavement Journey course* for those facing that kind of loss.



Whatever hurts, losses, or disappointments you are carrying at the moment, I pray that we all find the people and the community we need to help us weather that storm and find a way to a brighter future.

Rev Barry Jackson

* The next Bereavement Journey course is starting on the evening of Tuesday 3rd June at Kineton Primary school.

More details overleaf or from Rev Matthew Arnold

Churches' Contact Details:

Rev Barry Jackson Tel: 01926 640248 email: barry@edgehillchurches.org

Associate Ministers

Revd Dr Beren Hartless Tel: 01926 642975 email: beren.hartless@btinternet.com

Rev Alison Abbott (curate) Tel: 07923 442970 email: rev.alisonabbott@gmail.com

Rev Matthew Arnold (curate) Tel: 01926 642076 email: mtr.arnold@googlemail.com

Administrator:

Katie Hartless Rose Tel: 01926 641401 email: edgehilloffice@gmail.com

Benefice Web Site www.edgehillchurches.org

| JUNE SERVICES IN THE EDGEHILL PARISHES | | | | | | |
|--|------------------|-----------|-----------|-----------|------------|-------------|
| | Kineton | Combroke | Radway | Ratley | Warmington | Shotteswell |
| lst | 10.00am | | 8.30am | 10.30am | | 8:30am |
| | Simply Celebrate | | Communion | Communion | | BCP Comm |
| 8th | 10.30am | 9:00am | | | 10.30am | |
| | Communion | Communion | | | Communion | |
| I5th | 10.00am | | 10.30pm | 6.30pm | | 8.30am |
| | Father's Day & | | Communion | Communion | | Communion |
| | Lego Church | | | | | |
| 22nd | 10.30am | | | | 10.30am | 8.30am |
| | Communion | | | | Communion | Communion |
| 29th | 10.30am | | | | | 10.30am |
| | Morning Worship | | | | | Communion |

SIMPLY CELEBRATE

Sunday 1st June

10am St Peter's Kineton



Come for **breakfast** to begin the service. A time with God for everyone. Our young people help lead the service with Bible readings, leading prayers, acting in dramas, leading the actions in songs, and more

CONNECT

A life group for 13-18 year olds on

Films, video clips, pizza, chill & chat about God, life, the universe and everything.

Next Meeting: Sunday 1st June 6 to 7:30pm



7 Sessions of films & discussion

Topics include:

- Attachment, separation & loss
- The pain & responses of grief
- Anger & guilt
- Coping with others' reactions
- Delayed & suppressed grief
- Adjusting to change
- Moving forward healthily
- Faith questions a Christian perspective (optional)

To find out more visit: thebereavementjourney.org

Tuesday evenings from 3rd June, 7-9pm at Kineton Primary School

Free of charge

Book by contacting Matthew Arnold

07368 206182 or mtr.arnold@googlemail.com

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A YOUTH GROUP FOR 9-11 YEAR OLDS Sun 8th June, 5.30-7.00pm

10:10 is a monthly youth group for years 5-7.

We meet at the church in Kineton for food, games and chat about God, life, the universe and everything.

Register with Liz at SPKfamilies@gmail.com



All are invited to the



Saturday 7th June at 2pm at Coventry Cathedral

To register for a free place, please use the QR code



SUNDAY SCHOOL

invite you to join us for

FATHER'S DAY

on Sunday 15th June



In June we're meeting
in Kineton church for a
Father's Day Breakfast
from 10am.

There will be crafts, games, lego, construction challenges and a special service to thank our Dad's.

We hope you can join us



Build imagination with Lego!

Sat 21st June from 10:00am in Warmington Village Hall

Children must bring an adult

(**BUT** adults don't need to be accompanied by a child!) for more details contact:

Rev.AlisonAbbott@gmail.com or phone 07923 442970

TEA & CHAT

Friday 27th June 3pm-4.30pm

in Ratley Village Hall

Come and meet up with neighbours and friends for a chat and catch up. Cost £1.00



RADWAY'S TEA, CHAT & PLAY

Every Wednesday 3pm –5pm in the Village Hall All ages are welcome from babies to





