



The Edgehill Churches

Parish Link

Loving
God,
Serving
People,
Growing
Community

Who are you?

July/August 2025

Who are you? Or to put it another way, what does it mean to be who you are?

How we perceive ourselves is shaped by factors such as our memories, experiences, relationships, roles, beliefs, values, and self-esteem. Together, these things create our unique sense of being, our sense of self. A strong and coherent sense of identity is linked to positive mental health, self-esteem, and overall well-being.

Our identity is not static but changes and evolves over our lifetime. It's affected by things like changing roles or jobs, becoming a parent, or losing someone we love through a breakup or death. It is also significantly affected as we progress through adolescence, a time when children are developing a sense of self, distinct from their parents, as they become independent adults.

We all have (or have had) times when we've been faced with a challenge to our sense of self; times of upheaval when we lose confidence, or a sense of purpose in life. When this happens, we can find ourselves suffering from things like self-doubt, mood swings, anxiety, and even physical ill health. We can feel the need to constantly wear masks, and that we can't show our true selves to anyone.

When we face a time like this, a few things that might help are:

- Remember that our identity development is a life-long process, and it's OK to feel uncertain during periods of change.
- Volunteer. Do something as part of a group to help make a difference. Taking the focus off ourselves can often help
- Open up to someone we trust; someone we know will listen and not judge. Someone who will 'see' us in the sense of the Zulu greeting, 'Sawubona.'

The literal translation of Sawubona is, 'I see you.' However, within Zulu culture, there is a vast depth of meaning behind that word. Sawubona means:

- All my attention is with you, and I see your worth and dignity

- I see your hopes and fears, your scars and wounds, and your healing
- You are important to me, and I value you
- I allow myself to discover your needs, to see your fears, to identify your mistakes and accept them. I accept you for what you are, and you are part of me



Knowing that we are 'seen' like that is healing and helpful as we navigate inner turbulence. And it can be a great help to know that sawubona is the sense in which God sees us.

In the well-known story about the Prodigal Son, as the son returns home broken and hungry, Jesus said, "while he was still far off, his father

saw him and was filled with compassion; he ran and put his arms around him and kissed him." (Luke 15:20).

With God, regardless of our beliefs, we are all fully known and completely, unconditionally loved. And bringing our hurt, uncertainty and confusion to God is the sort of heartfelt honesty that prayer is really about, and it can be hugely helpful when we need to rediscover our identity.

Sawubona.

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JULY/AUGUST SERVICES IN THE EDGEHILL PARISHES

	Kineton		Combroke	Radway	Ratley	Warmington	Shotteswell
6th	4.00pm Breathing Space	10.00am Simply Celebrate		8.30am Communion	10.30am Communion		8.30am BCP Comm
13th		10.30am Communion	9.00am Communion			10.30am Communion	
20th	8.30am BCP Comm	10.30am Morning Worship		10.30pm Communion	6.30pm Communion		8.30am Communion
27th		10.30am Communion				10.30am Benefice Com	8.30am Communion
3rd		10.00am Simply Celebrate			10.30am Benefice Com		
10th		10.30am Communion	10.30am Benefice Com				
17th		10.30am Morning Worship		10.30am Benefice Com			
24th		10.30am Communion				10.30am Benefice Com	
31st		10.30am Morning Worship					10.30am Benefice Com

SHOTTESWELL VILLAGE FETE

Saturday 5th July 1 – 5pm
Shotteswell Playing Field

at ~1pm. Stalls, competitions, displays and
 There is also a fantastic raffle with fabulous prizes.

Admission and parking is free.

Profits shared between the church and the village hall



SIMPLY CELEBRATE

Sunday 6th July
10am St Peter's Kineton



Come for **breakfast** to begin the service. A
 time with God for everyone.

Our young people help lead the service.

Breathing Space

Sunday 6th July, 4 - 5pm at
Kineton church

A time of mindful, meditative
 prayer to help release tensions and find some peace.

BREATHING
 SPACE

Letting go of our daily stresses



10:10

A YOUTH GROUP FOR
9-11 YEAR OLDS

Sun 13th July, 5.30-7.00pm

10:10 is a monthly youth group for years 5-7.

We meet at the church in Kineton for food, games and chat
 about God, life, the universe and everything.

Register with Liz at SPKfamilies@gmail.com



Sunday 17th August – 2:30pm
Ratley Parish Picnic &
Teddy Bear Parachuting
from the Church Tower

St. Peter a-V invites you to picnic in
 the churchyard and to compete in the
 Teddy Bear Parachute competition!

Tea, coffee and squash available all afternoon – please bring
 your own picnic.

Charity Pop-Up Board Games Café

Friday 18th July at 7.00pm at
The Sports and Social club, Kineton



If you love board
 games, then come
 and join us for a
 charity board game
 evening.

Come with a group of friends, or come along to meet
 some new ones

Adults and ages 14+ only

**(under 18's must be accompanied
 by an adult)**

We'll plan to eat at 7 and start play-
 ing at 7.30. more info on the

QR code or from Charlotte at

charlotte_helene93@hotmail.com



LEGO CHURCH

**Build imagination
 with Lego!**

Sat 19th July from 10:00am
in Warmington Village Hall

Children must bring an adult

(BUT adults don't need to be accompanied by a child!)
 for more details contact:

Rev.AlisonAbbott@gmail.com or phone 07923 442970

CONNECT

A life group for 13-18 year olds on
 Films, video clips, pizza, chill & chat about
 God, life, the universe and everything.

Next Meeting: Sunday 6th July 6 to 7:30pm



RADWAY'S TEA, CHAT & PLAY

Every Wednesday 3pm –5pm in the Village Hall

All ages are welcome from babies to
 grandpas!

