



The Edgehill Churches Parish Link

Loving
God,
Serving
People,
Growing
Community

Local help with the Cost-of-Living

November 2022

The cost-of-living crisis is impacting a lot of people across the country. The utility bills, mortgages, rents, groceries, etc are all increasing, and it's impacting people across society.



Ten years ago, when we were setting up the Fosse Foodbank, nearly all foodbanks were urban based. However, we knew that there were people in need in rural Warwickshire, and if people can't afford food, then they can't afford the transport costs to get to an urban Foodbank. So, we set up a network of churches to provide support across a large part of rural South Warwickshire.

Because we recognise that a crisis doesn't always hit at the time when the foodbank is open, we're able to deliver food parcels to people's homes 7 days a week. Agencies refer people to the foodbank, and we liaise with clients to arrange a convenient time to deliver their food. The food we give away is generously donated by schools, churches, businesses, and individuals. We also top up the food parcels with things like baby food, nappies, toiletries, pet food, etc. to make sure clients have what they need.

Thanks to our great team of volunteers and the generous donations of so many people, we've fed thousands of people over these last ten years. The foodbank kept running throughout the lockdowns of 2020/2021 and we're now supplying more food than ever; between April and August this year we saw a 25% increase in demand... and that was before the latest cost-of-living increases.

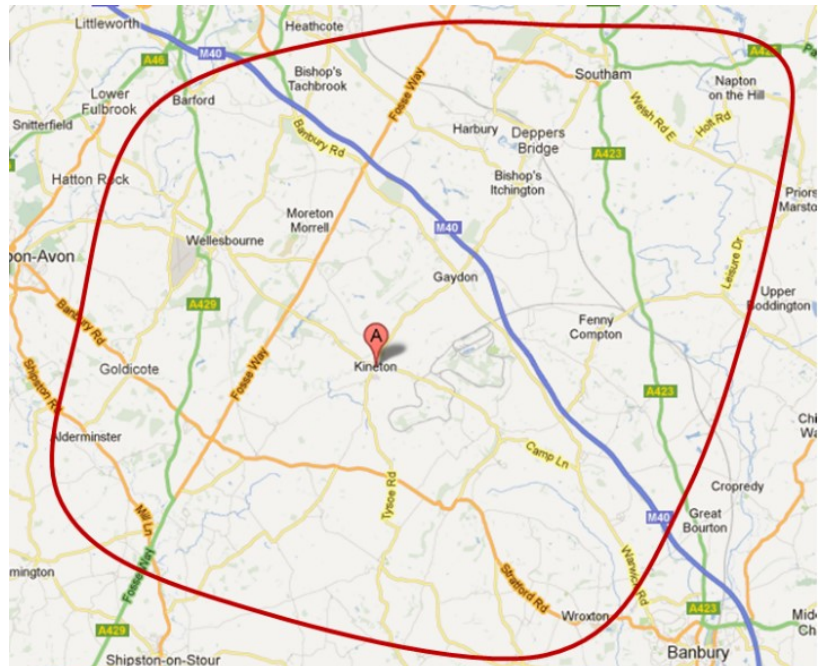


Foodbanks do more than just fill empty stomachs; we help to prevent family breakdown, housing loss, crime and mental health problems. We work with other local charities/agencies that can provide **fuel vouchers, budgeting support, debt advice**, and more.



All that we do has only been possible through people giving generously in food, time and money, so thank you for your support.

We are only able to do what we do due to the generous support of local people, so thank you.



Area covered by Fosse Foodbank

The foodbank was set up to help people in a crisis, just like the one that so many people are facing now. If you, or someone you know, is struggling, please get in touch... we are here to help.

If you need some help, in the first instance please contact Barry on barry@edgehillchurches.org

If you'd like to volunteer, please contact Fiona on fiona@fossefoodbank.org.uk

Churches' Contact Details:

Rector: Rev Barry Jackson Tel: 01926 640248

Email: barry@edgehillchurches.org

Associate Ministers

Revd Dr Beren Hartless Tel: 01926 642975

Email: beren.hartless@btinternet.com

Rev Alison Abbott (curate) tel: 07923 442970

email: rev.alisonabbott@gmail.com

Administrator: Katie Hartless Rose

Benefice Web Site www.edgehillchurches.org

NOVEMBER SERVICES IN THE EDGEHILL PARISHES

	Kineton	Combroke	Radway	Ratley	Warmington	Shotteswell
6th	10.00am Simply Celebrate		8.30am Communion	10.30am Communion		8.30am BCP Comm
13th	10am All age Remembrance	11.00am Remembrance	11.00am Remembrance	11.00am Remembrance	11.00am Remembrance	8.30am Remembrance
20th	8.30am BCP Comm	10.30am Morning Worship	10.30am Communion	6.30pm Communion	10.30am Communion	8.30am Communion
27th		10.30am Communion				8.30am Communion

MIDWEEK COMMUNION SERVICE

Thursday 3rd November at 11am

at St Peter's Church Kineton

A monthly ecumenical communion service



SHOTTESWELL LUNCH

Saturday 5th Nov, 12.30 - 2pm,
Shotteswell Village Hall



Come and join us for some good company over a light lunch. Small raffle with proceeds in aid of St Laurence Church, Shotteswell. Details from Pauline on 01295 730687 or pauline.tarrant@hotmail.co.uk



SIMPLY CELEBRATE

Sun 6th Nov 10.00am

In church and online*

A time with God for everyone, with drama, activities, fun, songs and more. Our young people help lead the service with Bible readings, leading prayers, acting in dramas, leading the actions in songs, and more

A TIME TO REMEMBER

At St Peter's Kineton and online
on Sunday 6th Nov at 4.00pm

A short service of reflection and tranquillity to remember with thanksgiving those who have died and whom you hold in your heart with love.

We will be remembering those who have died recently or very many years ago; from those who have lived a long life, to babies lost during pregnancy.

If you'd like someone who has died and is special to you to be remembered by name in this service contact

Helen on helengunton1@gmail.com

All are welcome.



THE BEREAVEMENT CAFÉ

A weekly drop-in group

Mondays 2-3pm

Methodist Hall, Kineton

Grief and loss of any type is painful and isolating. It can be very hard to deal with alone or with family who are also grieving. Come and join us in a safe, gentle environment for tea/coffee and a chat. All welcome!

For more information contact Dr Helen Gunton on helengunton1@gmail.com



Improving Wellbeing, Managing Stress and Building Resilience

online from 1st Nov

COVID, climate change, political upheaval, wars and conflicts, cost-of-living, personal loss... life seems to lurch from one crisis to the next!

Mental health problems are growing across the country, and many people are **feeling anxious** or **stressed**. The rapid changes of recent times have impacted people's capacity to deal with stress, and many feel overwhelmed by things that never used to be a problem.

The Living Well course explores 5 dimensions of wellbeing

(Physical, Mental, Emotional, Relational and Spiritual) that together impact on our resilience; our capacity to deal with stress.

Over 5 weeks we will release a series of short videos that can be watched any time, anywhere. There will be online chat groups to help people share thoughts and experiences and the opportunity to meet up for a weekly discussion in various locations.



For more info or to book a place use the QR code above or go to <https://living-well-2022.eventbrite.co.uk>



PINTS OF VIEW

The Swan, Kineton Sun 27th Nov at 6pm
Whatever your **pint of choice**, come & share your **point of view**.

Each month we explore a theme or story from the news.



RADWAY'S TEA, CHAT & PLAY

Every Wednesday 3pm - 5pm in the Village Hall

All ages are welcome from babies to grandpas!



TEA & CHAT

Friday 25th Nov 3pm-4.30pm
in Ratley Village Hall

Come and meet up with neighbours and friends for a chat and catch up. Cost £1.00
Everyone welcome. No need to book, just turn up!

